

Homemade Facemasks for COVID-19

St. Joseph's Foundation is gratefully accepting homemade masks from the community to support our hospital's efforts in preventing the spread of the coronavirus pandemic. Please note that homemade facemasks do not meet medical-grade sterility standards and will not be worn by caregivers treating COVID-19 patients or by staff working within surgical settings or isolation areas.

To donate masks and coordinate delivery times, please call 602.406.1038 or email foundation.supportstjosephs@dignityhealth.org. Because visitor restrictions are strongly enforced at this time, please do not bring items directly to our hospitals or patient care settings.

How To Make Fabric Masks

This information is provided courtesy of [Deaconness Healthcare](#). For a how-to video, click here: <https://youtu.be/9tBg0Os5FWQ>

What you will need

- Cotton fabric—tightly woven is best
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic). Cut the elastic 7 inches long and tie a knot at each end

Directions

1. Put right sides of cotton fabric together
2. Cut 9x6 (Adult sized) or 7.5 x 5 (Child sized)
3. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
5. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
6. Sew to the next corner and sew in the other end of the same elastic.
7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
9. Sew around the edge of the mask twice. It is so easy to make this. Be sure any fabric design is placed horizontally.
10. Please seal in a Ziploc or similar clean, plastic bag.